ond season debuts today. Dear Diary, Do you know at it's like to look into the innocent eyes of a hopeful year-old reality TV challenger and say the words, "You e been eliminated from the competition?" Of course don't, you're a diary. Let me tell you though, being the mini-nominated host of an acclaimed series isn't as easy

as a simple, non-Gemini-nominated civilian would think. I hate being the bearer of bad news. When our family hamster died I spent weeks changing her food and telling people she was just exhausted. Shooting In Real Life has been a total blast but it's that brutal send-off scene I could do with-

vincing a TV producer to lose an element of drama is like trying to steal a bottle of Jack Daniels from Mel Gibson. I guess I'm starting to understand why Tyra Banks always has a tiny hint of crazy in her eyes. National Post







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Vexed by The Ex

This week, we'll be featuring excerpts from five finalists for the 36th annual Toronto Book Awards. The winner will be announced on Oct. 14. Today: The Ex overwhelms in Lauren Kirshner's Where We Have to Go.

Dad and I got off the streetcar at the Exhibition Loop and walked along the teeming platform. I smelled suntan lotion as people rushed by us, their faces gleaming like olives, their hair slicked back from the heat. Every small detail pierced me: how the humidity made curls at the temples of the beautiful Italian women, and the soil-scented teenaged boys swaggered and mopped their faces with bandanas. Elbows jostled into my ribs and I struggled to keep up with Dad. He was walking with a postman's purposeful stride, his arms pumping speed.

In the midway, the air was a combination of candy-corn sweet and diesel exhaust. Stalls were selling hot dogs, popcorn, and cotton candy, and the coloured flags strung up between electricity poles were blowing softly, inhaling and exhaling, like wind-filled clothes on a laundry line. The Conklin man logo was everywhere, the clown face with its curly hair and exclamationmark nose, the mouth a halfinterested lipsticked leer. We passed a man outside a small, outhouse-shaped booth. He wore a sign that said - Lucy.

It said, Lucky People Line Up Here.

We were waiting in line for the Cosmic Spinner when I felt a wormy stripe of pain, a yellow ache, moving through my chest and choking me.

"Dad," I said, "I need to sit down."

We found a bench and we ate our pears, the juice running down our chins. Tattooed men with neon pink tans and bigarmed wives passed by, children straggling behind noisily like tin cans. I panted. I watched the line for Cosmic Spinner lengthen, loop around the side of the ride.

"You look very white," Dad said. His hand floated up to my forehead. "It's so hot out here that I can't even tell."

But I was cold. I brought my arms in close to me and tried to concentrate on the green wool of my cardigan, but I couldn't hold my attention on it. I kept

looking down. The pavement shone as if it had been freshly tarred. The bench rocked like a Ferris wheel gondola.

"I'm okay."

Dad pointed somewhere. "There's the food building. I'm going to get my Billie Bee honey and buy you a drink. What kind do you want? Sprite?

Forward and then an inch back, I pressed the sole of my shoe against the ground to steady myself. "A fizzy water. Please."

Dad went to buy my drink and his one-dollar honey in a plastic squeeze bottle in the shape of a bear. I told him I'd wait in front of the Tiny Tom Donuts kiosk if I didn't stay on the bench. As soon as he left, I drew myself up and walked the thirty feet to the donut stand. Hypnotically, the wet and squishy mini donuts rolled along a metal belt before dropping into a sea of boiling oil. I kept repeating this sentence to myself, as if it were my compass: "Dad is in the Food Building." I stood in front of the kiosk for a long time, watching the passersby, their big teeth, the brims of their straw sunhats. I listened to the call of the barkers getting louder and shriller, the slinky spinning sound of the roulette wheel. A new feeling was going through me. It wasn't so much wobbliness, or a head sickness, or nausea, but a desire to reach out and kiss someone, to hold on to them. I didn't care if I looked crazy, all I wanted was for someone to hold me; their arms would slow everything down. But I didn't move. I couldn't. I just kept watching those happy teeth and sunhat brims and swollen knuckles and red fingernails and cartons of caramel corn, the insides of the kernels dark like dirty molars - and then I was on the ground. ■ Tomorrow: Mark Sinnett's The Carnivore. Excerpted from Where We Have to Go by Lauren Kirshner. Copyright © Lauren Kirshner, 2009. Pub-

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TOP CANADIAN SINGLES

There's a new debate in Canada and it's got nothing to do with Parliament Hill. A new book by author and "music nerd" Bob Mersereau ventures into the risky territory of listing the Top 100 Canadian singles of all time, with American Woman by The Guess Who at top spot. Who's on it, how they rank and perhaps especially who's not there are sure to heat up the atmosphere at water coolers from Cape Spear to Kelowna. "If one of your own favourites is not on this list," Mersereau writes in his introduction to The Top 100 Canadian Singles, "go ahead and fight among yourselves. Call me names; I can take it." Here are the Top 50. For the full list, visit theampersand.ca.

1. American Woman, The **Guess Who**

2. Heart of Gold, Neil Young 3. The Weight, The Band

4. Summer of '69, Bryan Adams

5. Hallelujah, Leonard Cohen 6. Born to Be Wild, Steppenwolf

7. If You Could Read My Mind, **Gordon Lightfoot**

8. Takin' Care of Business,

Bachman Turner Overdrive 9. Four Strong Winds, lan and Sylvia

10. Snowbird, Anne Murray

11. Big Yellow Taxi, Joni Mitchell

12. Tom Sawyer, Rush 13. Try, Blue Rodeo

14. New Orleans Is Sinking,

Tragically Hip 15. The Wreck of the Edmund

Fitzgerald, Gordon Lightfoot 16. Suzanne, Leonard Cohen

17. Life Is a Highway, Tom

Cochrane

18. These Eyes, Guess Who

19. Sundown, Gordon Lightfoot

20. Underwhelmed, Sloan

21. Up On Cripple Creek, The

22. Let Your Backbone Slide,

Maestro Fresh Wes

23. Tired of Waking Up Tired, The Diodes

25. The Spirit of Radio, Rush

25. Oh What a Feeling, Crowbar 26. High School Confidential,

Rough Trade

27. Echo Beach, Martha and the Muffins

28. Sweet City Woman,

Stampeders

29. Wake Up, Arcade Fire

30. If I Had \$1,000,000, Barenaked Ladies

31. Lindberg, Robert Charlebois

32. I'm an Adult Now, The

Pursuit of Happiness

33. Nothin', Ugly Ducklings

34. Coax Me. Sloan

35. Closer To the Heart, Rush

36. Picture My Face, Teenage

Head 37. Shakin' All Over, The

Guess Who

38. Signs, Five Man Electrical

Band 39. Lost Together, Blue Rodeo

40. Sonny's Dream, Ron Hynes

41. The Safety Dance, Men

Without Hats

42. Claire, Rheostatics

43. One Fine Morning, Lighthouse

44. (Make Me Do) Anything

You Want, A Foot In Coldwater

45. Sunglasses at Night, Corey Hart

46. Working For the Weekend, Loverboy

47. Raise a Little Hell, Trooper 48. Rise Up, Parachute Club

49. Black Velvet, Alannah Myles 50. Seasons In the Sun, Terry Jacks

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